



Education Prospectus

January 2023-March 2024



We are the destination for education across Bedfordshire, Luton and Milton Keynes. Providing everyone with first class palliative care, end-of-life care, loss and bereavement support training.

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www.keech.org.uk/education

Welcome to our training

We are **the destination for education** across Bedfordshire, Luton and Milton Keynes and provide a range of courses from introductory sessions, to palliative care masterclasses and full study days throughout the year. Education, training and learning and development sessions are provided both online and in person and cover an extensive array of topics for health-care professionals working in end-of-life care and bereavement support. You don't have to be working in a healthcare profession to access our resources, take a look and see what's available for you.

To help you find the right course we have categorised each into three tiers.

Tier 1 - Foundation

In this section you will find details about what we need to know about palliative and end-of-life care. The majority of these courses are aimed specifically at registered workers within health or social care and clearly identified.

Tier 2 - Intermediate

To get the most from our Tier 2 modules you will have built upon that knowledge gained in Tier 1 classes. This Intermediate section is aimed at qualified and unqualified delegates who are dealing with palliative and end-of-life care patients on a regular basis.

Tier 3 - Advanced

Again, we recommend Tier 2 modules are completed ahead of starting our advanced training. This section is aimed specifically at health or social care professionals whose focus is in palliative and end-of-life care.

Compassionate Communities

In this section you will find out about our range of workshops which put compassion at the centre by providing people with the skills, resilience, and confidence to have conversations and make a real difference. A compassionate community recognises the role each member of society has to play in supporting one another, particularly during times of crisis, loss and bereavement.

Communities of Practice

In this section you will find out more about Project Echo. Keech Hospice Care has a Community of Practice for Transition and hosts ECHO sessions with a focus on Transition for young people with palliative care needs.

Learning resources

We also have a range of resources which can be found at the end of this prospectus. These are all available as online resources, designed for you to work through at times that are convenient to you, using a variety of online teaching methods.

It's important to us that we are able to provide inclusive learning making the education experience accessible for all.

If you have any special requirements or need any reasonable adjustments to be made please email:

clinicaleducation@keech.org.uk

in advance of attending the training.



To book onto our training please visit our website

www.keech.org.uk/education

Our education team

Mark Pedder - Lecturer Practitioner

1992 - Mark began his career in the care profession working in the care-home setting, taking care of patients with varied needs such as dementia, learning disabilities and motor neurone disease. Later Mark made a move towards the social care community supporting patients in their own homes.

2004 - Started his nursing career working in the accident and emergency department before moving into the more specialist area of palliative care and oncology. Mark worked for five years as a staff nurse in a hospice before becoming a chemotherapy nurse.

2010 - Mark then started work as an uro-oncology specialist nurse, running nurse-led clinics, helping to deliver a survivorship initiative and a carer support group.

Marks natural passion for teaching and facilitating oncology training sessions for other care professionals has led him to become a lecturer in adult nursing. He has now combined his two passions of teaching and palliative care in his current role.



Sarah Oliver - Clinical Development Lead

1999 - Sarah qualified as a Paediatric Nurse where her career began in London working on a paediatric surgical ward, moving on to work in Oxford, also in Paediatric surgery.

2005 - Sarah moved from nursing in the acute sector to pursue a career in the community caring for children with complex health needs.

2012 - Sarah joined Keech Hospice Care to share her wealth of experience with our healthcare professionals.

Sarah is passionate about supporting and developing others to achieve their best, and she has a keen interest in quality improvement. Sarah's clinical development role gives her the opportunity to support the ongoing development of policies and procedures, clinical education and training, clinical competencies and support of others through supervision and reflection.



Chris May - Lecturer Practitioner

1978 - Chris began nursing studying ophthalmology before pursuing a career in Christian ministry.

1997 - Saw Chris return to nursing.

2000 - Became a RGN and six months on a general surgical ward before moving to accident and emergency.

2008 - Chris became a critical outreach specialist nurse. During this phase of his career, he took secondment posts as a resuscitation officer and a practice development nurse, where his key role was to invigorate and redesign a statutory training programme. Chris then joined a specialist palliative care team, which he eventually led.

Teaching has always been a key feature of his role and one he enthusiastically enjoys. Chris joined the adult nursing team at the University of Bedfordshire as a senior lecturer,

a post he held for three years. Chris is a passionate advocate for the nursing profession and particularly in seeing end-of-life care improved and delivered effectively across the healthcare landscape. This post gives him the opportunity to work with many colleagues to see this happen.



Karen Hibbert - Compassionate Communities Coordinator

2020 - Karen's background in Revenue and Customs management has led her to Keech Hospice Care. Her focus is to bring our community together to support each other through difficult times associated with care, deteriorating health, dying and bereavement. To encourage, facilitate, support and care for one another and build resilience within the community to talk about death and dying by providing people with the skills and confidence to do so.

Since joining Karen has been involved in research, building her knowledge and confidence, testing and development of material to be able to deliver the Compassionate Friends skills workshop and other workshops as part of the Compassionate Communities series.



Tier 1 - Foundation

Rolling programme

Essential End of Life Care

An in-depth overview of the key areas associated with palliative and End of Life Care (EOLC). Opportunity for Q&A and discussion are included within each session along with principles of how to look after yourself as a healthcare professional.

10 week rolling programme, giving you the flexibility to choose dates and times that suit you. Book onto individual sessions or sign up for a whole programme.

Who can attend?

Any registered health and social care professional (such as nurses, doctors, paramedics, social workers etc) wishing to gain more confidence for the care of adult patients with a palliative and end of life care diagnosis.

Essential Conversations

Exploring conversations face to face, via video link and telephone. Gives a structure and builds confidence in communication.

Essential Advance Care Planning

What does Advance Care Planning entail? When should it be done? How should it be approached? Who should commence these conversations?

Essential Recognition of the Dying Patient

This session explores the complexity of the topic and gives helpful insight into the dying process and what to look for.

Essential End of Life Care Anticipatory Medication

What are the essential drugs used, and why? What are the principles involved? Includes setting up a syringe driver and its maintenance.

Essential Pain Management

How should pain be assessed in a palliative/EOLC context? What about types of pain we do not always consider – spiritual pain for example? Can all pain be alleviated? Includes pharmacological/non-pharmacological approaches.

Essential Nausea and Vomiting Management

How to assess patients with increasing symptoms, how receptors work in recognising nausea and vomiting, pharmacological and non-pharmacological approaches to management.

Essential Breathlessness & Secretion Management

Explores the range of conditions that may experience breathlessness, pharmacological and non-pharmacological management of breathlessness and secretions, alleviation methods for breathlessness and secretions.

Essential Agitation and Delirium Symptom Control

Explores techniques to recognise agitation and delirium in end of life patients, traditional and alternative methods of symptom management.

Essential Nutrition, Hydration and Mouth Care

How to be aware of the need for nutrition and hydration management in palliative care, ethics surrounding hydration in the dying patient, pharmacological and non-pharmacological management of mouth care.

Essential Loss and Bereavement

An understanding of loss and bereavement, how to manage approaches to loss, strategies of recognising complexities of grief. How to look after yourself.

Free

Virtual

Dates

Programme 1

Tuesday 10 January -
Tuesday 14 March 2-3pm

Programme 2

Tuesday 25 April -
Tuesday 27 June 10.30-11.30am

Programme 3

Tuesday 12 September -
Tuesday 14 November 2-3pm

Programme 4

Tuesday 9 January -
Tuesday 12 March 10.30-11.30am

Rolling programme

Principles of End of Life Care

An overview of the key areas associated with palliative and End of Life Care (EOLC). Principles of how to look after yourself as someone looking after a dying patient. Opportunity for Q&A and discussion are included within each session.

5 session fortnightly rolling programme, giving you the flexibility to choose dates and times that suit you. Book onto individual sessions or sign up for a whole programme.

Who can attend?

Unregistered health care professional (such as health care assistants, carer, support worker etc) wishing to gain more confidence in the care of adult patients with a palliative and end of life diagnosis.

Principles of Palliative Care

What is Palliative Care? How does it differ from EOLC or other types of care? How should I interact with these patients? What do these patients want from me? Are there principles that can help me?

Principles of Essential Communication

Conversations with palliative/dying patients are often perceived as 'difficult'. Is this true? What do I need to consider? Are there principles that can help me engage effectively with this patient group? This session will build your confidence in your communication skills.

Principles of Advance Care Planning


What is Advance Care Planning? Is it important? When should it be done? How should it be approached? Who should commence these conversations?

Principles of care in the last days

How to recognise the dying patient, what care in the last days looks like, principles of managing the patient at end of life, recognition of aftercare.

Principles of Loss & Bereavement

How to recognise loss and bereavement and gaining understanding of helping those affected during their loss.



Putting you at the
centre of everything
we do

Free

Virtual

Dates

Programme 1

Thursday 12 January -
Thursday 9 March 2023 2-3pm

Programme 2

Thursday 27 April -
Thursday 22 June 10.30-11.30am

Programme 3

Thursday 14 September -
Thursday 9 November 2-3pm

Programme 4

Thursday 11 January -
Thursday 7 March 2024
10.30-11.30am

www.keech.org.uk/education

Tier 1 - Foundation

5 session programme

Children's Palliative Care Course

An overview of the key areas associated with Children's Palliative and End of Life Care. Opportunity for Q&A and discussion are included within each session.

Book individual sessions or the whole programme.

Who can attend?

Any health care professional wishing to gain more confidence for the care of children with a palliative and end of life care diagnosis.

5 week programme, giving you the flexibility to book onto individual sessions or sign up for the whole programme.

Free

Virtual

Dates

Introduction and overview
Tuesday 25 April

Pain
Tuesday 23 May

Neurology
Tuesday 20 June

Other symptoms
Tuesday 18 July

Advance Care Planning and End of Life Care
Tuesday 19 September

Ethic, Consent and the Law
Tuesday 17 October

Time

12.30-2pm



Tier 1 - Foundation

Various dates

Verification of Expected Death

The course is aimed at staff who wish to develop knowledge and skills in recognising death and the process of verifying an expected death.

Who can attend?

This verification of expected death training is suitable for registered health care professionals who need to understand the principles or to refresh knowledge of the verification of expected death process.

Free

Virtual

Dates/Time

Monday 13 February
10am-11.30pm

Monday 17 April
2-3:30pm

Monday 18 September
10-11.30am

Monday 11 December
10-11.30am

Tier 1 - Foundation

Various dates

Foundation communication skills

The Foundation Communication Skills course aims to help you with delivering difficult conversations and give you tools to support communication.

Who can attend?

This training is for any health care professional or non-health care professional who would like to learn more about communication and the art of conversation.

Free

Virtual

Dates

Wednesday 8 February

Wednesday 26 April

Wednesday 28 June

Wednesday 18 October

Wednesday 13 December

Wednesday 21 February 2024

Time

9am-12.30pm

Tier 1 - Foundation

Study day

Introduction to All Age Palliative and End of Life Care

An increase in awareness and confidence in delivering palliative and end-of-life care to adult & child patients with a life-limiting illness.

Who can attend?

Any health care professionals with an interest in palliative or end-of-life care.

Tuesday 18 April
Thursday 28 September

Free

Face to face

Fountain Suite
Keech Hospice Care
Great Bramingham Lane
Luton
LU3 3NT

Time

8.45am-4pm

Tier 2 - Intermediate

Conference

Live well, plan well

Managing incurable conditions

Millions of people are affected by long-term conditions in the UK alone. Furthermore 1 in 3 adults in England live with a long-term health condition and they are twice as likely to be amongst the least physically active. Evidence has shown that regular physical activity can help with the management of many incurable conditions. This day will build your confidence to have the conversation, give direction on managing symptoms and we will discuss how to reduce inequalities for people with long-term health conditions.

Who can attend?

Health Care Professionals who offer care and have an interest in patients and families with incurable conditions.

Thursday 2 March

Face to face

King's House
Conference Centre
245 Amphill Road
Bedford
MK42 9AZ

Cost

£45 general admission

Buy 2 get 1 free for
colleagues from the same
organisation

Time

9.30am - 4pm
Registration 9am

Tier 2 - Intermediate

Study Day

Frailty

The day will address key concepts around the issue of frailty, including latest research and its application to practice, key components of care, a personalised care approach, Advance Care Planning, early involvement of palliative care – especially around well-being, hospital avoidance and appropriate acute care. The teaching will be delivered by academics and leading practitioners in the field from across the Multidisciplinary team.

Who can attend?

Anyone working predominantly with frail individuals from a health or social care background. It will be assumed that you have a basic knowledge of what frailty is as a medical condition. There will be an emphasis of focus around palliative care and it's benefits to frail individuals approaching the last years of life.

Thursday 24 February

Virtual

Cost

Free to those working inside BLMK
£25 outside BLMK

Time

9am - 4pm

Tier 2 - Intermediate

Study Day

Dementia

The day will cover in some detail the various areas around palliative care of a patient with Dementia, including Person-Centred Care, Assessment, Pharmacology, dealing with agitation and aggressive behaviour, issues around co-morbidities such as Depression and Diabetes, with plenty of time for questions and discussion. The course is delivered by a range of experts within their fields of practice.

Who can attend?

It is expected that you will have a basic knowledge of Dementia. The day is aimed at people who are dealing with palliative and End of Life Care regularly, whether qualified or unqualified.

**Wednesday 29 March
2023**

**Wednesday 27 March
2024**

Virtual

Cost

Free to those working inside BLMK
£25 outside BLMK

Time

9am - 4pm

Tier 2 - Interme-

Study Day

Radical Self Care

This Study Day will cover:

- Identifying challenges and opportunities.
- Introducing the relationship between stress and mental health.
- Exploring individual signs of stress and coping mechanisms.
- Discussing the concept of resilience.
- Identifying available tools and resources.
- Strategies and ways of managing yourself and how to cope in difficult situations.
- An understanding of care and compassion & Mindful Self-compassion.

Who can attend?

Any health care professional or member of the public who wishes to learn ways of coping with difficulties.

**Thursday 28 April
2023**

**Wednesday 23 April
2024**

Face to face

Fountain Suite
Keech Hospice Care
Great Bramingham Lane
Luton
LU3 3NT

Cost

Free to those working inside
BLMK
£25 outside BLMK

Time

9.30am-2pm

Tier 2 - Intermediate

Study Day

Advance Care Planning

The day is aimed at people who are dealing with palliative and end of life care regularly, whether qualified or unqualified. It will cover in some detail the various components of what a good advance care plan may look like, with plenty of time for questions and discussion. The course is delivered by experts within their fields of practice.

Who can attend?

This is a Tier 2 'Intermediate' study day. Ideally, you will have attended a first-tier course, such as the 'Essential Advance Care Planning' session, and are ready to build upon that knowledge and explore further.

**Wednesday 24 May
2023**

Virtually

Cost

Free to those working inside BLMK
£25 outside BLMK

Time

9.30am - 2pm

Tier 2 - Intermediate

Study Day

Pain in Palliative Care

This Study Day will cover:

- An overview of the physiology of pain.
- Identifying different pain types and treatment.
- Understanding the skills required to assess and manage pain effectively.
- Exploring pharmacological and non-pharmacological management of pain.
- An exploration of “Total Pain”.
- Offer an understanding of emotional, psychological, social and spiritual pain and gain an understanding on how these experiences impact on the individual’s pain experience.

Who can attend?

Healthcare professionals who are caring for palliative patients and their families.

**Wednesday 6
September**

Face to face

Fountain Suite
Keetch Hospice Care
Great Bramingham Lane
Luton
LU3 3NT

Cost

Free to those working inside
BLMK
£25 outside BLMK

Time

9.30am-1pm

Tier 2 - Intermediate

Study Day

Palliative Management of Respiratory Disease

The day will cover:

- Explanation of domains of palliative care applicable to chronic respiratory diseases.
- Overview of palliative care interventions for patients with chronic respiratory diseases.
- Offering of palliative management for clinicians to use in practice.
- Recommendations for clinical management of patients receiving palliative care for chronic respiratory diseases

Who can attend?

Health Care Professionals who offer care and have an interest in patients and families with life limiting respiratory disease.

Wednesday 15 November

Face to face

Fountain Suite
Keetch Hospice Care
Great Bramingham Lane
Luton
LU3 3NT

Cost

Free to those working inside BLMK
£25 outside BLMK

Time

9.30am-1pm

Tier 2 - Intermediate

Oncology series

Understanding of Cancer and Treatment

An understanding of the most common cancers and treatments and side effects. An awareness of the staging process and diagnostics.

Who can attend?

Any health care professional or member of the public who wishes to learn ways of coping with difficulties.

Wednesday 10 May

Free

Virtual

Time

10-11.30am

Tier 2 - Intermediate

Oncology series

Signs and Symptoms of Cancer and Oncology

To have a greater understanding of treatments and pathways and the patient journey. Increase in knowledge for oncological and palliative care emergencies.

Who can attend?

Any health care professional with an interest in oncology.

Wednesday 17 May

Free

Virtual

Time

10-11.30am

Various dates

Intermediate communication skills

The Intermediate Communication Skills training will enable you to enhance communication skills in difficult or challenging situations.

The training explores barriers to communication, strategies to manage conversations in difficult scenarios, how to explore conversations in ceilings of treatment or end of life care as well as tools and skills to help you develop confidence.

Who can attend?

If you are from the Bedfordshire, Luton and Milton Keynes area and are either:

- A specialist palliative and end of life care practitioner
- Any NHS, allied health or social care professionals who regularly work with life-limiting illness of uncertain prognosis
- Social workers, care home managers or social care managers
- Registered professionals wishing to explore more challenging conversations and communication skills.



Virtual

Dates

Wednesday 15 March
Wednesday 8 November

Time

8.45am-4pm

Face to face

Luton Library
ST George's Square
Luton
Bedfordshire
LU1 2NG

Date

Wednesday 21 June

Time

8.45am-4pm

Face to face

Bedford Day Hospice
3 Linden Road
Bedford
Bedfordshire
MK40 2DD

Date

Wednesday 13 September

Time

8.45am-4pm

Face to face

Milton Keynes
Venue TBC

Date

Wednesday 17 January 2024

Time

8.45am-4pm

Tier 3 - Advanced

2 day course

Advanced communication skills

This course is for experienced health care professionals who have difficult conversations on a daily basis and have previously attended a level of communication training.

This includes nursing staff at band 6 or above, GP's and other senior staff involved in breaking bad news with palliative patients.

This 2-day course will provide you with key communication strategies for managing difficult conversations you may experience in your role. This training gives you the opportunity to explore scenarios and learn different techniques and confidence to deal with patients and family/or members situations in the future.

Who can attend?

All experienced health care professionals who have difficult conversations as part of their everyday role and have had previous communication skills training.

For enquiries and to book onto the course, please contact: education@stfrancis.org.uk

Virtual

Cost

£475 per delegate for the 2 day course.
(£500 per delegate from 1 June 2023).
Fees are required on application.
Previous delegates have been able to obtain funding from external organisations particularly those for hospice and community nursing settings. Please contact education@stfrancis.org.uk for more details.

Dates

Wednesday 11 & Thursday 12 January 2023
Tuesday 21 & Wednesday 22 February 2023
Wednesday 1 & Thursday 2 March 2023
Tuesday 25 & Wednesday 26 April 2023
Thursday 4 & Friday 5 May 2023
Wednesday 14 & Thursday 15 June 2023
Tuesday 4 & Wednesday 5 July 2023
Wednesday 17 & Thursday 18 August 2023
Thursday 28 & Friday 29 September 2023
Tuesday 10 & Wednesday 11 October 2023
Wednesday 22 & Thursday 23 November 2023
Tuesday 5 & Wednesday 6 December 2023

Tier 3 - Advanced

Delivered bi-monthly

Masterclass

Each masterclass will offer exposure to key areas and themes of interest surrounding palliative and end of life care with each one being delivered by a valued and expert speaker.

Who can attend?

Masterclasses are aimed at senior health care professionals across the health sector who wish to learn more around specific key areas.

[Our website will be regularly updated with details of future masterclasses.](#)

Virtual

Cost

Free

Dates

Thursday 5 January 2023

Thursday 2 March 2023

Thursday 4 May 2023

Thursday 6 July 2023

Thursday 7 September 2023

Thursday 2 November 2023

Thursday 11 January 2024

Thursday 7 March 2024

Time

6.30-8pm

Tier 3 - Advanced

3 day training

Psychological Assessment Skills

To enhance skills in the detection & first-line intervention for psychological distress in people with cancer and their families.

Who can attend?

Cancer MDT keyworkers (typically CNSs, community macs) to complete this training, then maintain & develop their skills through ongoing Level 2 supervision groups. We also welcome other cancer care staff (e.g. AHPs, ward or day unit senior nurses etc.) to join this programme too when spaces allow.

Must have already completed the advanced communication skills training or an alternative communication skills course of that level.

Delegates will need to attend all three dates.

Face to face

Mountbatten House
The Square
56 High Street South
Dunstable
LU6 3HD

Dates/Time

Wednesday 25 January 2023 –
9.15am to 4.30pm

Thursday 26 January 2023 – 9.15am
to 4.30pm

Tuesday 14 March 2023 – 9.15am to
12.45pm

For more information and booking email:

Henna.nasir@nhs.net

Maximum of 12 spaces

Compassionate communities

Compassionate friends skills workshop

A compassionate community is one in which everyone recognises that we all have a role in supporting each other, particularly during periods of crisis and loss. We want to create a community of Compassionate Friends across the areas where we deliver care to help dispel the myths about dying and bereavement, helping communities to be better informed and more confident in having these conversations.

Who can attend?

Any healthcare professional or member of the public in the Luton, Bedfordshire, and Milton Keynes areas.

The main areas covered:

- Explaining what a Compassionate Community is.
- Interpersonal skills – how to use your listening skills, body language, spoken word and empathy.
- Dispelling the myths and taboos around talking about death and dying.
- How to start a conversation – questions to ask and potential responses to help you deal with the conversation.
- Considering your own networks within your community and how you could tap into these.
- Looking after yourself.
- Useful resources.
- Making your pledge to your community.



Compassionate communities

Free

Virtual

Dates

Wednesday 25 January
Wednesday 20 September
Wednesday 24 January 2024

Time

10am-12pm

Face to face

Luton Library
ST George's Square
Luton
Bedfordshire
LU1 2NG

Date

Wednesday 24 May

Time

10am-12pm

Face to face

Bedford Day Hospice
3 Linden Road
Bedford
Bedfordshire
MK40 2DD

Date

Wednesday 22 November

Time

2-4pm



Compassionate communities

Your digital memories matter

Have you thought about what will happen to your digital footprint? What do we mean by digital assets? This workshop will provide you with an understanding of what your digital legacy means, what your digital assets are, where to go for help and how to turn this into conversation with family and friends.

Who can attend?

Any healthcare professional or member of the public in the Luton, Bedfordshire, and Milton Keynes areas.

Free

Virtual

Dates/Time

Monday 23 January
11am-12pm

Wednesday 1 November
10-11am

Thursday 11 January 2024
2-3pm

Face to face

Luton Library, ST George's Square,
Luton, Bedfordshire, LU1 2NG.

Date/Time

Friday 15 September
10am-12pm

Face to face

Bedford Day Hospice,
3 Linden Road, Bedford,
Bedfordshire, MK40 2DD.

Date/Time

Thursday 6 April
2-3pm

Compassionate communities

Musical Memories - PlaylistforLife Awareness

Keech has become a Help Point for PlaylistforLife, to help people make that connection and memories, and provide helpful leaflets and materials to make their own personal playlists.

Join us for a short introduction on how sharing personal playlists can help people live well with dementia and other life limiting conditions. Would you like to bring the power of personal music to family, friends, and people in your community? What music would you like to be remembered by?

Who can attend?

Any healthcare professional or member of the public in the Luton, Bedfordshire, and Milton Keynes areas.

Free

Virtual

Dates/Time

Tuesday 7 February
11am-12pm

Tuesday 9 May
2-3pm

Tuesday 5 September
11am-12pm

Tuesday 5 December
2-3pm

Tuesday 6 February 2024
11am-12pm

Compassionate communities

Stepping back from the edge

Managing Stress and Building Resilience

Managing stress and our own wellbeing can be challenging especially in palliative and end of life care, therefore with this in mind, this workshop will aim to offer some support and advice that will be helpful for your overall wellbeing.

Learn strategies and ways of managing yourself and how to cope in difficult situations.

Who can attend?

Any health care professional or member of the public who wishes to learn ways of coping with difficulties.

Friday 12 May

Free

Virtual

Time

2-3pm



To book onto our training please visit our website
www.keech.org.uk/education

Compassionate communities

What have I done to deserve this?

Addressing the needs for the LGBTQIA+ community living with a palliative illness.

For people in the LGBTQIA+ community there are some additional concerns and worries whilst living with a palliative illness. This session is to raise awareness of these issues and discuss how they can be challenged and overcome and what changes could be made to support people manage during this time.

An overview of unconscious bias and how to recognise the individual needs for the LGBTQIA+ community diagnosed with a palliative illness.

Who can attend?

Any health care professional or member of the public wanting to explore more ways of challenging diversity.

Friday 12 July

Free

Virtual

Time

2-3pm

Communities of practice

Project ECHO

Project Echo aims to create communities of practice using virtual meetings to provide support and learning for those attending. The methodology arose from the work of Dr Sanjeev Arora in New Mexico and has grown into a worldwide movement aimed at improving patient care in underserved areas. The model demonopolizes specialist knowledge and expands access to critical care or services.

Keech Hospice hosts an ECHO network focusing on the Transition of young people from children's to adult services in palliative care.

For more information and booking email:
ECHO@keech.org.uk

Virtual

Cost

Free

Dates

Wednesday 25 January
Wednesday 22 February
Wednesday 29 March
Wednesday 26 April
Wednesday 24 May
Wednesday 21 June
Wednesday 19 July
Wednesday 19 September
Wednesday 18 October
Wednesday 30 November

Save the date

Coming soon

Intermediate study days

Delirium and Agitation Study Day

Thursday 29 June 2023

Nausea and Vomiting Study Day

Thursday 19 October 2023

Heart Failure Study Day

Tuesday, 5 December 2023

Spiritual Care Study Day

Wednesday 31 January 2024

More in the Compassionate Communities

- Cultural Diversity in End of Life Care
- Spirituality in End of Life Care
- Telling Your Story
- Will writing

Bespoke Sessions

We are able to deliver the training listed in this prospectus to your teams on a bespoke basis, as well as discuss and explore other training opportunities not listed in the prospectus.

Please get in touch with us to discuss your specific training needs.

Learning resources

Some staff may wish to pursue their own updates through learning resources.

Recognised sites are:

BLMK Education and Training Events

This Directory provides access to current priority care courses and information for adult social care provision. The intention of this directory is to provide access to consistent and quality standard information and learning. These resources are those advocated by the BLMK Councils (BLMK Clinical Commissioning Groups) and Bedfordshire Care Group Ltd. Resources are also signposted as offered by local hospices and charities.

Directory of ASC Care Courses and Information - CCG - BLMK (work-learn-live-blmk.co.uk)

Current Learning in Palliative Care (CLiP)

CLiP is a free, flexible learning series in palliative care supplied in a partnership between

St Oswald's Hospice and Hospice UK. It is a case-based programme of self-learning workshops that take about 15mins - ideal for busy healthcare professionals. <https://www.stoswaldsuk.org/how-we-help/we-educate/education/resources/what-isclip/clip-adults-worksheets/>

Do Not Attempt Cardiopulmonary Resuscitation

The Resuscitation Council (UK) website takes you through the issues around Do Not Attempt CPR and the importance for the patient and yourself as a professional, including the excellent Guidance produced with the British medical Council and the Royal College of Nursing.

<https://www.resus.org.uk/dnacpr/>

Dying Matters

The National Council for Palliative Care (NCPC) set up the dying matters coalition to promote public awareness of dying, death and bereavement. Its mission is to help people talk more openly about dying, death and bereavement. The website hosts many useful resources including leaflets, information sheets and short films www.dyingmatters.org

End of Life Care for All (E-elca)

A range of modules that is nationally recognised. Scroll down the page to 'Priorities for care of the dying person'. Part one will show a range of recommended modules depending on your role. You will need to register to access the modules.
<https://www.e-lfh.org.uk/programmes/end-of-life-care/>

Hospice UK

Here for anyone working in end of life care, with advice, guidance and support.
<https://www.hospiceuk.org/>

Kings Fund

Explore the range of development courses, each one specifically designed for every step-in professional development. Whether you're looking to build your clinical leadership skills, develop your personal and team leadership, explore system leadership, or deepen your organisational development skills The King's Fund has a range of programmes of learning.
<https://www.kingsfund.org.uk/courses>

Marie Curie

The Palliative Care Knowledge Zone offers expert information, knowledge and support to staff to enable

them to deliver the best possible care for people living with a terminal illness
<https://www.mariecurie.org.uk/professionals>

NHS England

These resources will help healthcare staff from across NHS and independent sector organisations to identify the skills required to deliver safe care for our population during this pandemic, providing easy access to education and training in a single place.
<https://www.england.nhs.uk/coronavirus/workforce/education-and-training/>

NICE Clinical Knowledge Summaries

The NICE CKS service provides primary care practitioners with a readily accessible summary of the current evidence base and practical guidance on best practice
<http://cks.nice.org.uk>

Palliative Drugs.Com

A comprehensive and well-respected site that provides a wealth of information about medication in palliative care and much more.
www.palliativedrugs.com

Book your place



www.keech.org.uk/education

Contact us

clinicaleducation@keech.org.uk